



Your Walk-a-thon Co-chairs:

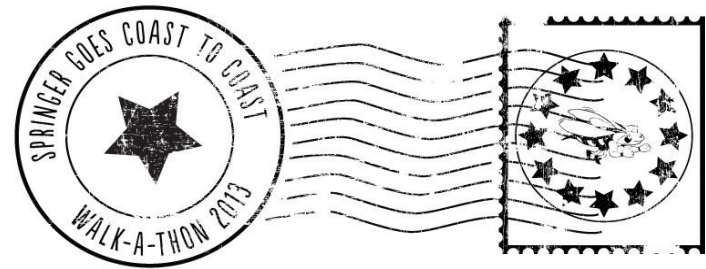
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Get ready to
'road trip'
with Springer!



Walk-a-thon 2013
October 12!

9:15 am Registration

10:00 am – 3:00 pm Walk-a-thon

Everything you need to know about the Springer Walk-a-thon is in this booklet, on the Springer website, and available from the Walk-a-Thon Team!

Welcome to the 2013 Walk-a-thon

What is the Walk-a-thon?

- One of Springer's major fundraisers and social events.
- Open to all students, kindergarten through six grade.
- Students obtain pledges from family, friends and neighbors who donate money either in a flat amount or towards each lap a child walks.
- Students walk laps around the Springer field to earn money for our school.
- Friends and family walk with them for fun and support.
- The school grounds will be transformed into a cosmic atmosphere full of music, food, fun and prizes.

What does Springer do with the money we raise?

- Funds go toward instructional materials, supplies, and printing costs. This helps to offset the reductions in funding to the Los Altos School District from the state.
- Funds also support student programs at Springer such as The Living Classroom (the district's hands-on science program), art and music enrichment, and noontime clubs and activities.

Can guests come if they don't attend school at Springer?

- YES! Siblings, friends, grandparents and other family members are encouraged to participate but all guests under age 18 MUST register, contribute \$10.00 and sign a Walk-a-thon waiver. If your guests want their own shirt, pre-order one on-line. Extra shirts cannot be guaranteed the day of the Walk-a-thon!!

Can parents volunteer to help with the Walk-a-thon?

- Yes! Many volunteers are needed to make the Walk-a-thon a success, and you can have fun and socialize while you volunteer. Please sign up to take a shift on the day of the Walk-a-thon from the link on the Springer School website or the Springer Buzz newsletter. Find out how! **Questions about volunteering? Contact: Fiona Graham (finuk2003@yahoo.com) or Donna Murphy (jcdm@yahoo.com).**

Safety Is Our #1 Priority

This is a FUN event and we want to keep it that way. There will be a first-aid station in case special care is needed. Please remember to bring:

- ☐ Hat
- ☐ Sunscreen
- ☐ Comfortable shoes and extra socks (the field can be damp in the morning)
- ☐ Layers of clothing for October weather!



Parents may want to set up a 'base camp' where families can meet for breaks, snacks and water. You can bring:

- ☐ Lawn chairs
- ☐ Blankets
- ☐ An umbrella or shade tent
- ☐ Cold drinks and healthy snacks

Please encourage your children to take breaks during the day to prevent dehydration and fatigue. Resting periodically and drinking water will contribute to a fun day for the whole family!

A water station will be available to refill water bottles.

Incentive Awards

Free laps	Children of PTA members receive one free lap for each parent member - so join the PTA now!!
Bonus laps	Given throughout the day to motivate all walkers.
T-Shirts	Awarded to all walkers after walking 10 laps. Please plan to have your children change into their shirts to show Springer spirit!
Pocket Ladies	A Springer favorite!! Bring extra quarters for the famous pocket ladies who will be stationed around the field with fun prizes and tasty treats to keep the kids going. (Quarters ONLY , please!)

And More... Many prizes – and surprises – will be awarded as lap incentives.

Top 5 money-raising students will win:

- A special outing with Mr. Spenader.

Top earner will receive:

- His or her name engraved on the Walk-a-thon plaque in the office and the honor of being the official starter for the 2014 Walk-a-thon!

The classroom with the most student participation:

- One class from K-3 and one class from 4-6 that has the highest percentage of student participation will win a special root beer float class party.



*This year we ask all Pocket Lady shoppers to pay in **QUARTERS ONLY!** If your child is bringing his or her piggy bank contents to buy from the Pocket Ladies, please exchange the various coins for quarters before the Walk-a-Thon. ****Quarters are also appreciated for our bake sale!*****

Medal Awards

- Students are encouraged to do their very best! Age appropriate targets are set for students based on grade level.
- It is a Springer tradition to award a gold, silver OR bronze medal to students who walk the specified numbers of laps for their grade level.
- Pick up your medal when you turn in your lap card **at the end of the day!** ONE medal per student will be awarded, so please wait to turn in your card until you're really done walking to receive the highest medal earned.



MEDALS	K – 1	2 – 3	4 – 5	6
GOLD	25	40	60	75
SILVER	20	30	45	60
BRONZE	15	20	30	45

Guest Walkers

Siblings, grandparents, friends and neighbors are encouraged to participate! We welcome you! Guest walkers under age 18 may register on the day of the event at the Registration Table.

- All guests must register and have a friend or family member at Springer.
- A \$10 walking fee is required for guest walkers to offset the cost of running this fun event.
- Guests can receive many of the Walk-a-thon lap incentives and prizes.
- Pre-order your guest a Walk-a-thon shirt (at additional cost)! You can do this via the online Back-to-School form, or on the Springer website by **Sept. 20th**. Extra shirts are not guaranteed the day of the Walk-a-thon.



Walk-a-thon Rules



Parent/Guardian permission required	Every child's sponsor card and waiver form must be signed by a parent or guardian to participate in the Walk-a-thon.
Only enter and exit the field at the designated area!	When leaving for a break (rest, snack, bathroom, etc.) <u>leave your lap cards in your classroom's bin.</u> <ul style="list-style-type: none"> Pick up your lap cards upon returning to the field. This process helps maintain count of laps walked. Do not cross under the ropes.
If a student cannot attend they can still participate	<ul style="list-style-type: none"> A donation of \$25 or more earns that student the 'must have' Walk-a-thon shirt.
Collecting pledges is important	<ul style="list-style-type: none"> <i>We appreciate your support!</i> Remember, walkers who don't bring in any money from pledges are not counted towards the class participation percentage. Company matching grants are very much appreciated!
Take care of your lap cards	<ul style="list-style-type: none"> If lap cards are too wet or damaged to punch lap holes, they will need to be replaced. Take care of the lap cards!
At the end of the day	<ul style="list-style-type: none"> Turn in your lap card at the field exit when you leave for the day. Don't forget to pick up your gold, silver or bronze medal.
Walk safely on the track	<ul style="list-style-type: none"> Field walking traffic is one way! Walkers must walk on their own feet unless special mobility issues apply. Do not go into the center of the field, stay on the designated walking path.
No pets	<ul style="list-style-type: none"> Humans only for this event.
<p align="center">Please live by these rules!</p> <p align="center">They are set up to provide a smooth running Walk-a-thon that is safe and fun. Please go over these rules with your children PRIOR to Walk-a-thon day and then review them again on Walk-a-thon day.</p>	

Date	What's Happening?	I'm Ready!
Sept. 13	<ul style="list-style-type: none"> Registration Packets Sent Home 	<input type="checkbox"/> We received the packet from Springer
Sept.13 –Oct. 4	<ul style="list-style-type: none"> Collect sponsors and pledges Turn in food pre-order form Volunteer to help out (see link on the website) Drop off bottled water donations to the office 	
Sept. 20	<ul style="list-style-type: none"> Determine if your family needs any extra shirts 	<input type="checkbox"/> We ordered on-line the extra T-Shirts for siblings and guests
Oct. 9	<ul style="list-style-type: none"> Walk to School Day 	<input type="checkbox"/> We walked to school
Oct. 4	<h3>Registration Forms Due</h3>	<input type="checkbox"/> We collected sponsors and turned in the SIGNED forms today. <input type="checkbox"/> Signed front and back! <input type="checkbox"/> I volunteered to help <input type="checkbox"/> I dropped off my water donations <input type="checkbox"/> I turned in my food order form
Oct. 12	<ul style="list-style-type: none"> Attend The "Coast-to-Coast" Walk-a-thon at Springer!! 9:15 AM: Registration begins. 10:00 am-3:00 pm: Walking, Food, Music & FUN! 	
Oct. 18	<ul style="list-style-type: none"> Sponsor/Pledge Cards returned to students. Tax receipts and thank you notes will be enclosed for sponsors. 	
Oct. 18 - Nov. 5	<ul style="list-style-type: none"> Families collect pledge money. 	
Nov. 5	<input type="checkbox"/> We collected pledge money and turned it in with our form today	