

# LOS ALTOS EGAN JUNIOR HIGH 7-8

## MAY



BREAKFAST K-12 2024-2025



Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b> - French Toast Sticks - Breakfast Cereal	<b>29</b> - Concha - Breakfast Cereal	<b>30</b> - Breakfast Muffin - Breakfast Cereal	<b>1</b> - Pancake Bites - Breakfast Cereal	<b>2</b> - Cinnamon Raisin Bagel W/ Cream Cheese - Breakfast Cereal
<b>5</b> - Breakfast Muffin - Breakfast Cereal	<b>6</b> - Bagel W/ Cream Cheese - Breakfast Cereal	<b>7</b> - Apple Cinnamon Frudel - Breakfast Cereal	<b>8</b> - Pan De Elote - Breakfast Cereal	<b>9</b> - String Cheese W/ Mini Muffin - Breakfast Cereal
<b>12</b> - French Toast Sticks - Breakfast Muffin	<b>13</b> - Concha - Breakfast Cereal	<b>14</b> - Bagel W/ Cream Cheese - Breakfast Cereal	<b>15</b> - Glazed Donut Holes - Breakfast Cereal	<b>16</b> - Breakfast Scone - Breakfast Cereal
<b>19</b> - Bagel W/ Cream Cheese - Breakfast Cereal	<b>20</b> - Breakfast Muffin - Breakfast Cereal	<b>21</b> - Cherry Frudel - Breakfast Cereal	<b>22</b> - Pancake Bites - Breakfast Cereal	<b>23</b> - Pan De Elote - Breakfast Cereal
<b>26</b> Memorial Day	<b>27</b> - Concha - Breakfast Cereal	<b>28</b> - Breakfast Muffin - Breakfast Cereal	<b>29</b> - Pancake Bites - Breakfast Cereal	<b>30</b> - Cinnamon Raisin Bagel W/ Cream Cheese - Breakfast Cereal

### Drinks

Nonfat Milk, 1% Milk

This institution is an equal opportunity provider and employer



ALL BREAKFAST ENTREES INCLUDE A FRUIT AND MILK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



VEGAN

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## MAY

# BREAKFAST K-12

## 2024-2025



Date	Menu Item	Count	Allergens
Monday 28	French Toast Sticks	100	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	50	Wheat, Soy, Milk, Pork, Beef
Tuesday 29	Concha	50	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	100	Wheat, Soy, Milk, Pork, Beef
Wednesday 30	Breakfast Muffin	100	Wheat, Soy, Egg, Milk
	Breakfast Cereal	50	Wheat, Soy, Milk, Pork, Beef
Thursday 1	Pancake Bites	120	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	50	Wheat, Soy, Milk, Pork, Beef
Friday 2	Cinnamon Raisin Bagel W/ Cream Cheese	50	Wheat, Soy, Milk, Pork, Sesame
	Breakfast Cereal	100	Wheat, Soy, Milk, Pork, Beef
Monday 5	Breakfast Muffin	100	Wheat, Soy, Egg, Milk
	Breakfast Cereal	50	Wheat, Soy, Milk, Pork, Beef
Tuesday 6	Bagel W/ Cream Cheese	50	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	100	Wheat, Soy, Milk, Pork, Beef
Wednesday 7	Apple Cinnamon Frudel	Veg 120	Wheat, Soy, Egg, Milk
	Breakfast Cereal	50	Wheat, Soy, Milk, Pork, Beef
Thursday 8	Pan De Elote	100	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	70	Wheat, Soy, Milk, Pork, Beef
Friday 9	String Cheese W/ Mini Muffin	100	Milk, Wheat, Soy, Egg
	Breakfast Cereal	60	Wheat, Soy, Milk, Pork, Beef
Monday 12	French Toast Sticks	120	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Muffin	70	Wheat, Soy, Egg, Milk
Tuesday 13	Concha	100	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	60	Wheat, Soy, Milk, Pork, Beef
Wednesday 14	Bagel W/ Cream Cheese	50	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	100	Wheat, Soy, Milk, Pork, Beef
Thursday 15	Glazed Donut Holes	120	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	60	Wheat, Soy, Milk, Pork, Beef
Friday 16	Breakfast Scone	60	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	100	Wheat, Soy, Milk, Pork, Beef
Monday 19	Bagel W/ Cream Cheese	50	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	100	Wheat, Soy, Milk, Pork, Beef
Tuesday 20	Breakfast Muffin	100	Wheat, Soy, Egg, Milk
	Breakfast Cereal	50	Wheat, Soy, Milk, Pork, Beef
Wednesday 21	Cherry Frudel	120	Wheat, Soy, Egg, Milk
	Breakfast Cereal	50	Wheat, Soy, Milk, Pork, Beef

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<b>Thursday 22</b>	Pancake Bites	120	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	60	Wheat, Soy, Milk, Pork, Beef
<b>Friday 23</b>	Pan De Elote	120	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	60	Wheat, Soy, Milk, Pork, Beef
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<b>Tuesday 27</b>	Concha	100	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	60	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday 28</b>	Breakfast Muffin	100	Wheat, Soy, Egg, Milk
	Breakfast Cereal	50	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 29</b>	Pancake Bites	120	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	60	Wheat, Soy, Milk, Pork, Beef
<b>Friday 30</b>	Cinnamon Raisin Bagel W/ Cream Cheese	50	Wheat, Soy, Milk, Pork, Sesame
	Breakfast Cereal	100	Wheat, Soy, Milk, Pork, Beef
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