



# BREAKFAST K-12 2025-2026

# JULY



Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b> - Breakfast Scone	<b>1</b> - Bagel W/ Cream Cheese - Breakfast Cereal	<b>2</b> - Yogurt W/ Grahams - Breakfast Cereal	<b>3</b> - Pan De Elote - Breakfast Cereal	<b>4</b> No meal service
<b>7</b> No meal service	<b>8</b> No meal service	<b>9</b> No meal service	<b>10</b> No meal service	<b>11</b> No meal service
<b>14</b> No meal service	<b>15</b> No meal service	<b>16</b> No meal service	<b>17</b> No meal service	<b>18</b> No meal service
<b>21</b> No meal service	<b>22</b> No meal service	<b>23</b> No meal service	<b>24</b> No meal service	<b>25</b> No meal service
<b>28</b> No meal service	<b>29</b> No meal service	<b>30</b> No meal service	<b>31</b> No meal service	<b>1</b>

**Drinks**  
Nonfat Milk, 1% Milk

This institution is an equal opportunity provider and employer



ALL BREAKFAST ENTREES INCLUDE A FRUIT AND MILK



VEGETARIAN



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGAN

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LOS ALTOS COVINGTON ELEMENTARY  
SCHOOL  
**JULY**

BREAKFAST K-12  
2025-2026



Date	Menu Item	Count	Allergens
<b>Monday 30</b>	Breakfast Scone	15	Wheat, Soy, Egg, Milk, Sesame
<b>Tuesday 1</b>	Bagel W/ Cream Cheese	9	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	6	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday</b>			
<b>2</b>	Yogurt W/ Grahams	8	Wheat, Soy, Milk
	Breakfast Cereal	7	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 3</b>	Pan De Elote	10	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	5	Wheat, Soy, Milk, Pork, Beef