

Raising Kids Who Can Launch **Dr. Deborah Gilboa**

Thursday, January 24, 2013

Los Altos High School Eagle Theater
201 Almond Avenue, Los Altos
7:00-9:00pm



- How to parent teens & young adults through this stage of life
- Encourage your child's resilience in the face of adversity
- Balance active parenting with helping your child be out on his own
- Leave with the skills to impart lessons to children who don't feel like they are children at all!

Dr. Deborah Gilboa, MD has been empowering parents around the country to increase their knowledge and to utilize the parenting instincts they already have, but have been dampened by stress, doubt and guilt, so that they may raise their kids to be people they respect and admire. As a Board Certified Family Physician, mother of four, and a professional parenting speaker and writer she follows 4 basic principals when guiding parents from toddlerhood to young adulthood – Respect, Responsibility, Responsiveness and Resilience.

Admission: **FREE**

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