



We are excited to see everyone this Saturday morning for the 26th annual Springer Walk-a-thon! Here are a few helpful tips if you are new to this fun all-school event!

- **Time:** Most families stay throughout the day. Registration opens at 9:15 am but you can come late or leave early if you have a prior commitment. The walking begins at 10:00 am and goes until 3:00 pm.
- **Food:** If you pre-ordered Walk-a-thon food via paper or online form, thank you! Food available for sale (not pre-ordered) will include hot dogs, snack foods, sno-cones and sweets. A water station will be available to refill water bottles. Pre-ordered food can be picked up starting at 11 am. You can bring food from home. Remember, proceeds from food sales benefit Springer!
- **Donations:** You do not have to solicit per-lap donations. A flat amount is often given by families in lieu of lap pledges. Even if you've already turned in your form, you are welcome to continue to collect donations. Our goal is for each child to raise a minimum of \$25.00.
- **Walk-a-thon T-Shirts:** Are given to all student walkers after lap 10 from the incentive tent. If you ordered extra T-shirts, they will be delivered the week before the Walk-a-thon. If you have not received your purchased extra shirt, it will be at the registration table. Most kids change into their Walkathon t-shirt after earning it to show their Springer school spirit!
- **Fun!** We have a DJ that will run the schedule and play music. Also enjoy non-walking activities like face-painting as well as a raffle for exciting prizes!

- **What to Bring:** Many families set up pop-up sun shades and establish a ‘home base’ for their kids. It is nice to be near the playground so kids can take breaks. Please also bring:
 - Sun protection (hat, sunscreen)
 - Comfortable shoes (extra socks and maybe a spare pair of shoes -- sometimes the field is wet with morning dew)
 - Water and healthy snacks
 - Quarters and small bills (kids can buy treats with quarters from “Pocket People” on the course) – *Please note, small change will not be on hand at the event! **Quarters and dollars only please!***
 - A picnic blanket, chair and sun umbrella.

Walk-a-thon Rules and Reminders:

- Please don’t go under the ropes, enter/exit ONLY at the official entrance. Turn in your lap card in the bins provided every time you leave the track! Lap cards are not allowed on the blacktop.
- Each child must have a responsible adult (>18 yrs) on site. No drop-offs.
- If you haven’t already, please turn in the green sponsor card as soon as possible! *Your child cannot participate without a signed waiver!* If you haven’t, you’ll be asked to sign one at the registration table that morning.
- **Medals** – Don’t forget to pick up a medal at the end of the day! Students are encouraged to do their very best! Age appropriate targets are set for students based on grade level. It is a Springer tradition to award a Gold, Silver **or** Bronze medal to students who walk the specified number of laps for their grade level (see chart below). Medals will be available for pickup as you turn in your lap card. ONE medal per student will be awarded. Please wait until you are done walking to collect your medal. Each walker will receive ONE Medal based on the number of walks they complete for their grade:

MEDALS	K – 1	2 – 3	4 – 5	6
GOLD	25	40	60	75
SILVER	20	30	45	60
BRONZE	15	20	30	45